

Teaching Styles

In a Snowsports Environment

Presented by Derek Tate

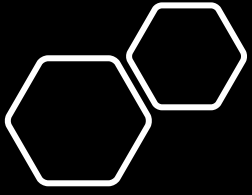


Who am I?

- Ski Teacher
- Performance Coach
- Positive Psychology Practitioner
- Author
- Educator & Examiner of Ski Instructors
- Mountain lover all seasons!

• And the teaching styles have been a part of much of my professional career.





TS and educating snowsport instructors

- A little history...
- Organizations that use teaching styles within their syllabus





Adapting TS to the snowsports environment

- Snowsports are practiced in an open, ever-changing and complex environment requiring skills that are versatile and adaptable.
- Decision making is vitally important (teacher – learner) involving:
 - Terrain choice, snow conditions, weather conditions inc. visibility, busyness of slopes, energy levels inc. fatigue, ability/skill level/task difficulty.
- How have the teaching styles been adapted to this environment?

Teaching Styles and Snowsports – the future

- Will national training/certification organizations and national governing bodies of snowsports continue to use the spectrum of teaching styles as an integral part of how they train snowsport instructors?
- How much have the ‘styles’ become diluted or even misunderstood in terms of their original conceptualization?



References

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